

Determined To Forgive
And
Walk in Divine Forgiveness

By

Gwendolyn N. Davis



“Equipping Leaders to Lead”
“Equipping Leaders to Serve”
“Teach My People Truth”

Vision **Leaders fully equipped for Kingdom Service**

Mission **To equip leaders to lead while they reproduce leaders; Teach leaders to serve; Teach truth**

The Equipping Institute is a Christian based training, mentoring and coaching organization set in place to train and develop leaders for kingdom service. We work with all Churches and Organizations that are willing to launch out to accomplish the purpose for which God placed them in the earth.

The Equipping Institute Logo reminds us of the challenges and responsibilities of leadership. The triangle represents the personal victories a leader must achieve in growth and development of character values which Honesty, Integrity and Trust make up the three (3) points. The core of the logo is made up of three (3) symbols that are vital to successful leadership, the Sword, the Scroll, and the Mortarboard.

The Sword symbolizes the Truth, the Word of God which is the foundation necessary to achieve, and sustain spiritual growth. *Sanctify them – purify, consecrate, separate them for Yourself, make them holy – by the Truth. Your Word is Truth.* John 17:17 AMP

The Scroll symbolizes the vision that is necessary for the leader. *...write down the vision; write it clearly on clay tablets so whoever reads it can run to tell others.* Habakkuk 2:2 NCV
“Where there is no vision, the people perish:” Proverbs 29:18a

The Mortarboard symbolizes knowledge and understanding necessary for effective leadership and the importance of continuous learning and improvement. *“... For skillful and godly Wisdom is the principle thing. And with all you have gotten get understanding – discernment, comprehension and interpretation.”* Proverbs 4:7 AMP
“Wisdom begins with respect for the Lord, and understanding begins with knowledge of the Holy One.” Proverbs 9:10 NCV

“Equipping Leaders to Lead” describe who we are and what we do. Both physical and mental growth and stability are essential for the leader.

“Equipping Leaders to Serve” is another aspect of who we are and serving is what we do as leaders.

“Teach My People Truth” is our assignment. Tradition is absolutely good for helping the framework of our foundation, when it is truth, the word of God.

We salute you.

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Dedication

This book is dedicated to my children, Anthony, Dawn and Michael. You are special to me and you are the apple of God's eye. Thank you for putting Him first in your life. Dare to soar!

To you and all that are blessed as you forgive. Thank you for taking the time to read and use this book on forgiveness. It will be a tool of blessing in your hands.

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From My Heart to You

This book is not the “first book” I planned to write and publish. It is more of a “how to” on forgiveness for me. It is most likely one of the shortest books you will read and hopefully use. Why? Because I have actually experienced, observed, or received testimony about much of its contents. Therefore I want this book to be one you will read and reread and even reference until you have come to a place of walking in divine forgiveness. For these reasons it must be short and to the point.

The purpose of this book is to give you specific truths that have helped me forgive and walk in divine forgiveness. God allows you to choose to forgive or not to forgive. You must know this one thing; you cannot be forgiven if you choose not to forgive. Make no mistake about it, to forgive is not really an option. Yet I know, from experience, it is not an easy thing to do, at least not initially. I can testify that forgiving becomes easier as you make up your mind it is what you are going to do. I have asked God to give divine forgiveness to me, my children and all the generations of my family to come. I believe I receive divine forgiveness and walk in it day by day. I am also asking God to give you divine forgiveness as you launch out with a desire to forgive.

I recently encountered a life style changing situation that tested the very core of my ability to forgive. Thanks be to God, His word has remained true in my life.

He has comforted me. He has sustained me. He has helped me to guard my heart. And more important, He has helped me forgive every person regardless of the role they played in the situation as it unfolded. Believe me, His presence is a wonderful assurance of victory.

God is Sovereign! He can do what He pleases. He does all things well and according to His word. He is not a liar, therefore, you can trust Him to do exactly what He says in His word and the word says [Matthew 6:14-15] *For if you forgive men their trespasses, your heavenly Father will also forgive you: But if you do not forgive men their trespasses, your Father will not forgive your trespasses.*

The statement is quite clear. You will be forgiven by your heavenly Father if you forgive men when they trespass against you. If you don't forgive, you will not be forgiven. What can you do? Forgive! Then get rid of all the junk that is associated with un-forgiveness and go on to prosper and be in good health as your soul prospers. [3 John 1:2]

It is my prayer that the God of our Lord Jesus Christ, the Father of glory will give you a spirit of wisdom and revelation in the knowledge of Who He is: the eyes of your heart are clear and full of light so you can see what He has called you to; that your inheritance in Christ is great and there is no limit to His power toward you. (Ephesians 1:15-19 rephrased by the Author)

Absolutely nothing can stop you when you allow your heart to be flooded with His word. My desire is that everyone will become determined to forgive and walk in divine forgiveness. Please contact The Equipping Institute if you desire to participate in studying with others to help you grow into the ability to forgive through the word of God.

I am sure you are asking the question, “but how can I forgive”? The answer is to make up your mind that you want to forgive and walk in forgiveness then ask God to help you forgive. Holy Spirit is right here right now to help you in every detail. These statements apply to everyone that is a child of God, in the Body of Christ. If you are not sure if you are a child of God, pray this prayer:

Heavenly Father, I believe that Jesus Christ is Your Son, that He died for me and that You raised Him from the dead. I repent of all sin I have committed, I ask You to forgive me and cleanse me from all unrighteousness. I ask Jesus to come into my life and live through me.

The Bible says in Romans chapter 10 verses 9 and 10, *That if you confess with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you confess and are saved.* NIV

Continue on the path of forgiveness and you will find that when you forgive, it opens your heart to God and allows Him to cause a continuous flow of agape love through you.

Chapter 1 - Faith and Forgiveness Work Together

We know that *without faith, it is impossible to please him.* [Hebrews 11:6]

What I did not know was that faith and forgiveness are intertwined and either work together or work against each other. Let me explain.

Paul wrote to the Thessalonians that it was right for him to thank God for them because their faith was growing more and more and that their love for each other was also increasing. They continued to walk in the faith even though they were being treated badly and were suffering greatly through troubles and afflictions. Paul offered encouragement to them by reminding them that God would recompense them for their suffering and set things right. This sounds familiar to me and very close to home.

Now let's make sure we understand what is taking place since it is a good example to follow. The Thessalonians believed God in the midst of their trials and persecutions and they were forgiving their persecutors and each other. Why do I say forgiving each other? Whenever there is a group of people in an unfavorable situation, there will always be one or more of the group that will say or do something that will offend, wound or otherwise hurt someone. Therefore, it is essential that you forgive individuals in the group.

We can find other examples in the Bible where faith in God and forgiveness work together. In another situation, a person formed an opinion and concluded he

had the right to accuse David based on that opinion. We find the situation in II Samuel chapter 16, verses 5 through 14. Saul, the first king of Israel and his son Jonathan had been killed and David had been anointed king over Judah and Israel. David had family problems, he had sinned against God with Bathsheba and he had arranged to have her husband Uriah killed. David's son Absalom had rebelled against him and won the favor and support of a large number of people in the kingdom. Reading I and II Samuel will be of great benefit to you. In fact, studying David will help you tremendously.

While David was fleeing from Jerusalem where his son Absalom was seeking to kill him and take over the kingdom, Shimei, a relative of Saul who was king before David, decided he could shout curses against David and persist in harassing David. Abishai, who was one of David's mighty men, wanted to cut off Shimei's head. But David would not allow it. In fact, David's response to Abishai was, *...Leave him alone, and let him curse me because the Lord told him to do this. Maybe the Lord will see my misery and repay me with something good for Shimei's curses today.* [II Samuel 16:11b-12] David recognized and acknowledged that nothing could happen to him unless God allowed it. That is also true for us while the reasons may not be readily obvious at the time. But we can rest assured that there is a purpose and if we do things God's way we will be victorious while God will be glorified.

David knew that God had given him the kingdom. He was confident that if the kingdom was his, no one could take it from him. But if God had stripped the kingdom from him, no one could restore it except God. David's faith in God was unshakeable. And David chose to forgive Shemei at that time. Later, God did restore the kingdom to David.

Faith and forgiveness work well together. Read Psalm 3 in as many versions as you have. David wrote this Psalm when he was fleeing from Absalom. He knew the faithfulness of God and therefore he could have the confidence to speak in faith.

What can I do?

1. Decide to obey God by choosing to forgive.
2. Read and re-read the Scriptures in Appendix A.
3. Use a concordance to locate and read faith Scriptures.

This testimony is an example of faith and forgiveness working together in this day and time. The names have been changed to maintain confidentiality.

Gena and Samuel Atmore had been faced with challenges in their marriage for some time, most of which stemmed from Samuel's spending habits. Gena always wanted to work with her husband since that was the kind of marriage and family environment she grew up in. Samuel enjoyed taking guests to the Tower Club where they had membership. Gena always thought it was an unnecessary expense but supported Samuel's desire for a certain lifestyle. She even enjoyed the privacy of the club and 'no waiting' line for dinner.

Samuel had stopped drinking in December of 1989, but recently Gena sensed that he had started drinking again. She was to soon have her suspicions confirmed. One night, while Gena was sitting in the master bedroom having a fun conversation with the two younger children, Samuel came up the stairs to the bedroom. She had not heard him come into the house. Just as he entered the bedroom, he stopped in the doorway. Then he backed up, turned around and went down the stairs. Shortly afterward, she heard the side door slam, then the car started in the drive and she could hear it go out of the drive and speed away. Then the phone rang. Gena answered the phone and it was Samuel. He told her he would be back in 1 hour and if she was there he was going to kill her. When she asked him to repeat what he had said, because she could not believe what she

heard, he said, I will blow your so and so head off if you are in the house when I get back. She hung up the phone and sat there for a moment. She could tell that the children were sensing something and she wanted to make sure they were not upset in any way.

The phone rang again and she answered it. The caller was Dr. Matthews. Gena was assisting Dr. Matthews and they needed to discuss the plans for the women's retreat. After they hung up, Gena checked the time and realized she could stand, stay home, and deal with the confrontation that would surely be unsettling for the children or she could get some things packed and be gone when Samuel returned. She had no idea where she could go. So she quickly packed a few things and left the house.

After being away from home for a week, Gena's Pastor asked her to stop by the office. Gena did so and was quite surprised that her Pastor told her to go home. When Gena said she could not go home because Samuel would kill her, her Pastor asked why she thought Samuel would kill her. Gena replied, "Because he said so." Her Pastor insisted that Gena return home. Gena began to pray and ask the Lord for guidance. She told the Lord she had forgiven Samuel and asked Him to restore peace in her home. Samuel called her the following day and apologized to her. He asked if she would forgive him and come back home. Gena returned home to a peaceful environment, for a season.

Chapter 2 - Forgive According to the Bible

Remember the Scriptures on “forgive” are in Appendix A. I recommend you locate and read the passages above and below each of these Scriptures so you can understand the entire context. The following Scriptures about “forgive” are to the point and very clear.

[Matthew 6: 12] *And forgive us our debts, as we forgive our debtors.* As you forgive, you will be forgiven.

[Matthew 6:14] *For if you forgive men their trespasses, your heavenly Father will also forgive you: But if you forgive not men their trespasses, your Father will not forgive your trespasses.* Your heavenly Father will forgive you if you forgive others. If you don’t forgive others, He can’t forgive you.

[Matthew 18: 21-22] *Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times?*
Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven. You must forgive someone for the same thing more times than you can count in a day.

[Mark 11:25] *And when you stand praying, forgive, if you have ought against any: that your Father also which is in heaven may forgive you your trespasses.* If you expect to be forgiven and have your prayers answered, you must forgive.

[Luke 6: 37] *Judge not, and you shall not be judged: condemn not, and you shall not be condemned: forgive, and you shall be forgiven:* If you forgive, you will be forgiven.

[Luke 17: 3] *Take heed to yourselves: If thy brother trespass against thee, rebuke him; and if he repent, forgive him.* Tell a brother what he did and forgive him.

[Ephesians 4: 32] *And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.* Christ forgave you, so you need to forgive one another.

[I John 1: 9] *If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.* We are forgiven when we confess our sins.

Since the scriptures are quite clear, I want to say, “Just do it”. But because I have walked this path, I will say instead, “you can do it”. You must decide; you can make a conscious decision, to forgive moment by moment and day by day. You will be tested each step of the way, but forgiving will become less of a challenge over time. I continue to meet the challenge by staying in the word and keeping the word in me. We know that God is not going to change or relax His call to obedience to His word; therefore, we must continue to forgive until the end of time.

What can I do?

1. Study the Scriptures in Appendix A.
2. Use a binder, spiral notebook, or computer to record your study notes.
3. Hide the word of God (Scriptures) in your heart by meditating and memorizing them.

Gena's testimony (cont.)

Gena Atmore had been married to Samuel for twenty three years. The marriage had the typical challenges, but she had no idea she was on the brink of a break-up. It was November 11, 1997 and her husband was preparing to participate in the Veteran's Day Parade. He was somewhat distant that morning, but she did not think much about his mood at the time. Gena went to bed that evening around 10:00 pm as usual but woke up at 2:00 am the next morning and Samuel was not home. She was concerned. He had been out all day and night and still was not home. She called him on his cell phone but he was not receptive to her asking him questions about his whereabouts. She woke up again at 5:00 am and called him on his cell phone again. After a heated conversation she told him not to come home.

As she thought back over the events of the past year or so, she could see a clear pattern he had established of coming home late. Many nights she was not sure what time Samuel came home since she would find him asleep on the couch in the den when she got up. Whenever she tried to confront Samuel about being out late, he would always talk about his responsibilities at the post since he was the post commander.

How could she have been caught off guard? How did this happen? She had been praying for her husband, her marriage and her family. At this point, nothing seemed to make sense.

After a few days, Samuel asked if he could come by and get his clothes. She said it was ok. Then he proceeded to tell her she had run him away. When she asked him to explain how she ran him away, he did not give her an answer. He told her he would continue to pay half of the household expenses as well as half of the mortgage.

Samuel seemed to be content with living apart from the family and was not responsive to any of Gena's attempts to discuss the problems or communicate in any way. She continued to pray for Samuel, forgive him and trust God. Samuel was occasionally communicating with the children and she was continually monitoring the children to make sure they were doing well. Under the circumstances, that was all she felt she could do.

After 8 months of separation, Samuel started to talk to Gena. Gena suggested they get counseling but Samuel was not agreeable. They finally agreed to try a period of reconciliation. It took only 2 months for the reconciliation to disintegrate in the worse way. It was during this disintegration that Gena was contacted by a woman who identified herself as Agnes. Agnes said she had been having an affair with Samuel for 8 years. Somehow Gena knew she was telling her the truth and suddenly Gena felt overwhelmed with feeling hurt, deceived, rejected, angry, and very disappointed. To make matters worse, if that was possible, Samuel continued to be rude to her. He insisted on wanting the family

home to be sold rather than allow Gena and the children to continue to live there. Gena finally decided to file for a divorce. It was a very difficult time for her and the children.

Gena says it has been a long and tedious process, but she has forgiven Samuel and Agnes. The children are adults now and they have also forgiven their Dad.

Chapter 3 – Forgiveness Then Favor

Most of us desire to walk in divine favor and some of us actually profess to walk in divine favor. I certainly believe that divine favor is available based on Psalm 5:12, *For thou, Lord, wilt bless the righteous; with favour wilt thou compass him as with a shield.* KJV

The New Century Version reads, *Lord, you bless those who do what is right; you protect them like a soldier's shield.*

Again, the scripture is quite clear, the Lord will bless the righteous, those who do what is right. One version says He blesses them with favor, the other calls it protection. What is without question is the one being blessed is a righteous person. According to Webster, righteous is acting in accord with divine or moral law; free from guilt or sin. Favor, according to Webster is to show partiality toward.

The way I view this scripture is as follows:

- God shows partiality toward the person who is obedient to His word and who is free from sin.
- The person is in right standing with God because he/she has confessed and repented of sin and has been forgiven by God.
- The person, to be in right standing with God has forgiven anyone who has sinned against him/her.

Now do you understand why I can say forgiveness then favor? Good! If you want divine favor, which is available to you from God, then obey God. Forgive and you will be forgiven and He can give you favor as a gift.

What can I do?

1. Build on the studying you have been doing; review your notes.
2. If you have not already done so, define the words “forgive: and “faith”.
3. Define other word that catches your attention.

Chapter 4 - Forgiveness and the Body

There appear to be common contributors to people being unable to forgive. They are bitterness, strife, deep wounds that have not been healed, rejection, infidelity, lack of trust and the list goes on. I have also found that the picture a person paints for you is an outside view and is not necessarily a reflection of what is on the inside. If you wait long enough, what is really on the inside will come out and it is what's going on inside that matters. It is either light with life or it is a dark cesspool collecting muck and other debris. If what is inside is a cesspool the body will eventually be attacked by what has been collecting for years and the results will be sickness and disease. This should not be and certainly does not have to be the situation.

Further observations have shown me that many people with cancer, bone diseases and even skin disorders have a cesspool on the inside. Now I am not presenting this statement as evidence of a scientific experiment. No, what I am saying is, I have observed this and for those that chose to forget those things that happened to them in the past, clean out the cesspool and forgive, the disease was cured; the cancer went into remission; and various other healings took place.

A cesspool is a place of defilement in your body. The defilement must come out so your heart can become pure. The word of God and forgiveness will purify your heart. Sickness and disease can be reversed.

Since the body was created to heal itself you can choose to refocus your mind and thoughts to a new life of forgiveness and give your body a chance to be free of sickness and disease. Forgiving yourself and others must be a priority in your new life style.

Psalm 32:1-6 speaks to confessing your sin and receiving health through forgiveness. It is therefore important to receive forgiveness. You must forgive in order for God to forgive you. I will continue to repeat this statement and you should also repeat the statement and get it down in your heart.

Blessed is he whose transgression is forgiven, whose sin is covered.

Blessed is the man unto whom the LORD imputeth not iniquity, and in whose spirit there is no guile.

When I kept silence, my bones waxed old through my roaring all the day long.

For day and night thy hand was heavy upon me: my moisture is turned into the drought of summer. Selah.

I acknowledged my sin unto thee, and mine iniquity have I not hid. I said, I will confess my transgressions unto the LORD; and thou forgavest the iniquity of my sin. Selah. For this shall every one that is godly pray unto thee in a time when thou mayest be found: surely in the floods of great waters they shall not come nigh unto him. KJV

The New Century version says:

Happy is the person whose sins are forgiven, whose wrongs are pardoned. Happy is the person whom the Lord does not consider guilty and in whom there is nothing false. When I kept things to myself, I felt weak deep inside me. I moaned all day long. Day and night you punished me. My strength was gone as in the summer heat. Then I confessed my sins to you and didn't hide my guilt. I said, "I will confess my sins to the Lord," and you forgave my guilt. For this reason, all who obey you should pray to you while they still can. When troubles rise like a flood, they will not reach them.

What can I do?

1. Use the Forgive Worksheet in Appendix C to identify areas where forgiveness is needed.
2. Follow the instructions in Appendix B.
3. Spend quality time seeking the Lord and working on completing the worksheet.

Chapter 5 – Forgiveness and Answered Prayer

The Bible says in Matthew Chapter 5 verses 23 and 24, *Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee; Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift.*

In this example, the person is in need of forgiveness. There is someone that the person needs to be reconciled with and that reconciliation must precede the approach to the altar. Well, what takes place at the altar? Before we answer this question, we need to determine which altar is being referenced. The Altar of Burnt Offering is where the sacrifices were made. It was located in the court in the front of the tabernacle. Since the basic layout and location of the tabernacle furniture was the same for the temple, it is not likely that a person who was not a priest could access the Golden Altar of Incense. So the answer to the question is, “sacrifices takes place at the altar”. It is a sacrifice, a dying to the flesh that must take place when there is a need to forgive or even seek forgiveness.

But what about me not having forgiven someone and I am looking to approach a holy God with a petition? If you do not forgive, you hold the person or persons that hurt you, offended you, or in any way harmed you in bondage, thereby restricting the move of the Holy Spirit in their lives. You are also keeping yourself in bondage. There is no way to hold anyone in prison without being in prison with

them. Think about it! Forgive them and release them so Holy Spirit can move in their lives. John 20:23 says, *Whose soever sins you remit, they are remitted unto them; and whose soever sins you retain, they are retained.*

After you have forgiven them, you will be able to take your petition to God and expect an answer.

What can I do?

1. Use the Forgiveness Worksheet to examine yourself.
2. Meditate on the “forgive” Scriptures.
3. Get into a quiet place and listen to what the Lord says.

Chapter 6 – Step Out on God’s Word

Today, right now, at this very moment, you are the sum total of everything that has transpired in your life; good or bad; right or wrong. You cannot turn back the hand of time nor can you cause a replay of your actions to change any of the outcomes. What you can do is decide right now to lay a foundation for forgiveness as you go forward. Give every area of hurt, pain, every wound, rejection, or abuse to God. Give it all over to God. Forgive each person and forgive yourself.

I pray with a group every morning at 6:00 am. One of the members recently sang a song about faith.

Faith, faith, faith, just a little bit of faith; you don’t need a lot; just use what you’ve got... Author unknown

That is what is necessary. Just use the measure of faith you have been given. ... *God has dealt to every man a measure of faith.* Romans 12:3c. Speak the word, stand on the word and you will find the word to be solid. II Corinthians chapter 4 verses 13 through 18 reads,

We having the same spirit of faith, according as it is written, I believed, and therefore have I spoken; we also believe, and therefore speak;

Knowing that he which raised up the Lord Jesus shall raise up us also by Jesus, and shall present us with you.

For all things are for your sakes, that the abundant grace might through the thanksgiving of many redound to the glory of God.

For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day.

For our light affliction, which is but for a moment, worketh for us a far more exceeding and eternal weight of glory;

While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal. KJV

The New Century Version reads,

It is written in the Scriptures, "I believed, so I spoke." Our faith is like this, too. We believe, and so we speak. God raised the Lord Jesus from the dead and we know that God will also raise us with Jesus. God will bring us together with you, and we will stand before him. All these things are for you. And so the grace of God that is being given to more and more people will bring increasing thanks to God for his glory. So we do not give up. Our physical body is becoming older and weaker, but our spirit inside us is made new every day. We have small troubles for a while now, but they are helping us gain an eternal glory that is much greater than the troubles. We set our eyes not on what we see but on what we cannot see. What we see will last only a short time, but what we cannot see will last forever.

It is the measure of faith that will enable you to believe that you have the Help (Holy Spirit) you need to stand on the word of God and be obedient. You can forgive and roll the care(s) of the person(s) and the situation(s) on to God, knowing He has it all under control. You can go on in victory.

What can I do?

1. You are on the right path since you have taken the steps at the end of each previous chapter.
2. Your knowledge of God's word pertaining to "forgive" is strong, continue to read, study, and meditate on the Scriptures.
3. Face each situation with the knowledge that God is with you. It is a test and you will pass the test.

Chapter 7 – A New Me!

Yes, you are a new person. You are a forgiving person. Isn't it exhilarating? Yet it is humbling because you know God has worked forgiveness in you. You could only do your part. You put the word of God first. You read the word. You studied the word. You meditated the word. You memorized the word. You are maintaining an attitude of prayer. Let's look at an exercise that will help provide an understanding of what has taken and can continue to take place in you.

1. Choose a clear container such as a glass or small bowl.
2. Fill the container with water.
3. Place the container inside a larger container that can hold the amount of water in the glass or bowl that you choose.
4. Put a few drops of food color in the water. (This will help you see what is taking place.)
5. Slowly pour sand or small pebbles into the clear container of water.
6. You will notice that as you pour the sand or pebbles into the container, the water is being displaced and is overflowing out of the container into the larger container.

As you continue to pour the sand or pebbles into the container, there will be less and less of the water remaining in that container. This is an object lesson to

help understand what happens when you get the word of God flowing into you. Less and less of the old stuff, the cesspool stuff, or any other stuff that is not of God can remain. You will truly be a new person with a desire to be obedient to God. You will delight yourself in the Lord and He will give you the desires of your heart.

What can I do?

1. Walk in the knowledge of God's word that is in your heart.
2. Launch out into other areas that may need the word of God applied.
3. Read the word, study the word and meditate the word and you will continue to grow and delight yourself in the Lord.

Appendix A – Forgive Scriptures

Matthew 6:12 *And forgive us our debts, as we forgive our debtors.*

Matthew 6:14 *For if you forgive men their trespasses, your heavenly Father will also forgive you:*

Matthew 6:15 *But if you do not forgive men their trespasses, your Father will not forgive your trespasses.*

Matthew 18:21 *Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times?*

Matthew 18:35 *So likewise shall my heavenly Father do also unto you, if ye from your hearts forgive not every one his brother their trespasses.*

Mark 11:25 *And when you stand praying, forgive, if you have ought against any: that your Father also which is in heaven may forgive you your trespasses.*

Mark 11:26 *But if you do not forgive, your Father which is in heaven will not forgive your trespasses.*

Luke 6:37 *Judge not, and you shall not be judged: condemn not, and you shall not be condemned: forgive, and you shall be forgiven:*

Luke 11:4 *And forgive us our sins; for we also forgive every one that is indebted to us. And lead us not into temptation; but deliver us from evil.*

Luke 17:3 *Take heed to yourselves: If thy brother trespass against thee, rebuke him; and if he repent, forgive him.*

Luke 17:4 *And if he trespass against thee seven times in a day, and seven times in a day turn again to thee, saying, I repent; thou shalt forgive him.*

Luke 23:34 *Then said Jesus, Father, forgive them; for they know not what they do. And they parted his raiment, and cast lots. [Jesus suffered unto death. If He can forgive, how much more should we be expected to forgive people for these light afflictions we suffer.]*

II Corinthians 2:7 *So that contrariwise ye ought rather to forgive him, and comfort him, lest perhaps such a one should be swallowed up with overmuch sorrow. Lest Satan should get an advantage of us: for we are not ignorant of his devices.*

II Corinthians 2:10 *To whom ye forgive any thing, I forgive also: for if I forgave any thing, to whom I forgave it, for your sakes forgave I it in the person of Christ;*

Ephesians 4:31-32 *Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.*

Colossians 3:12-13 *Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering;*

Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye.

1 John 1:9 *If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.*

Appendix B – Forgive Worksheet Instructions

This worksheet will help you identify areas that you need to forgive others and forgive yourself. Before you complete the worksheet, pray this prayer.

Father, in the name of Jesus, I desire to forgive and walk in divine forgiveness.

Reveal to me all areas of un-forgiveness in my soul and I will repent and forgive.

Where I am weak in that area, help me forgive and release the area unto You.

Where there is a root of bitterness, I ask You to remove it and all root hairs that I may be healed by Your word. You sent Your word to heal me. Help me pray with someone who will agree with me for total deliverance in each area. I surrender to Holy Spirit that He may work forgiveness in each area. Thank You Father, In Jesus' name. Amen.

Be open and honest with God. He knows what's in your heart and soul and is waiting for you to bring it to Him. Expect total healing and deliverance. Stand in faith that you can forgive and walk in divine forgiveness.

1. Identify each area of un-forgiveness.
2. State what action(s) need to take place.
3. Write the Scripture.
4. Check when completed.

Appendix C - Forgive Worksheet

√	Area	Action(s)	Scripture

Appendix D – Hindrances to Forgiving

Can you make a list of the hindrances, those things that prevent you from forgiving? There is a partial list below. Add to the list and find more scriptures until you have overcome them all. Try finding the antonym for each word then find a scripture to read and meditate.

Hindrance	Antonym	Scripture
Pride	Humility	I Peter 5:6
Self righteous	Righteousness of God	Philippians 3:9; James 3:18
Ego	Humility	I Peter 5:6
Haughtiness	Humility/Meekness	I Peter 5:6; Matthew 5:5
Self sufficient	Depend on/Trust God	Proverbs 3:5
Self exaltation	Humility	I Peter 5:6
Root of bitterness	Pleasant	Psalm 133:1; Proverbs 16:24

Back Cover



Gwendolyn N. Davis is the Founder and CEO of The Equipping Institute, a leadership training and development organization formed to “equip leaders to lead”. She has been responsible for leadership training and development for organizations in Michigan, Alabama, Georgia, and Florida. Her personal experience with learning to forgive and walking in forgiveness led her to write this book. It is her desire that everyone experience the absolute exhilaration and flow of the love of God that comes with forgiving, truly forgiving.